

COMPLEX INTERVENTIONS IN HEALTH

An Overview of Research Methods

Edited by
David A Richards and
Ingalill Rahm Hallberg



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Complex Interventions in Health

An Overview of Research Methods

Edited by **David Richards**, University of Exeter, UK
and **Ingalill Rahm Hallberg**, Lund University, Sweden

The first book to place complex interventions within a coherent system of research enquiry, this work is designed to help researchers understand the research processes involved at each stage of developing, testing, evaluating and implementing complex interventions, and assist them to integrate methodological activities to produce secure, evidence-based health care interventions.

It begins with conceptual chapters which set out the complex interventions framework, discuss the interrelation between knowledge development and evidence, and explore how mixed methods research contributes to improved health. Structured around the influential UK Medical Research Council guidance for use of complex interventions, four sections, each comprised of bite-sized chapters written by multidisciplinary experts in the area, focus on:

- Developing complex interventions
- Assessing the feasibility of complex interventions and piloting them
- Evaluating complex interventions
- Implementing complex interventions.

A vital companion for health research, this book is suitable for readers from multidisciplinary disciplines such as medical, nursing, public health, health services research, human services and allied healthcare backgrounds.

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